



RISE-Summer 2026-Fact Sheet

Reflections InterACTIVE Summer Experience
a program of the
Bergen County Division of Family Guidance

- Earn volunteer hours!
- Explore applied improvisation around teen issues!
- Develop leadership skills - help with fun, interactive workshops for the community!
- Meet other teens with similar interests!

It's **Free** and has **Open Enrollment**.

That means that we accept teens throughout the Summer!

When: Tuesday nights (July 7, 2026 - August 25, 2026)

Each week cast members need to communicate if they will be attending.

Cast members must have completed an application and consent forms IN ADVANCE and cannot just show up with them in hand.

TIME: 5:45pm – 7:45pm

Where: 1 Bergen County Plaza

Division of Family Guidance – Multi-purpose room - Hackensack, NJ

Cast members can attend as many sessions that fit their schedule.

Open to Bergen County teens entering 9th, 10th, 11th, 12th grade, or just finished with high school. Teens who are interested need to contact me and I will send them an application, consent forms and guidelines for the RISE program. Since the teens are the ones who will be volunteering with this program, I need to hear from them directly, not from the parents/guardians. Thank you for your cooperation with this.

Looking forward to having a fun, meaningful experience!

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